



More People | More Active | More Often

MOVING FORWARD 
stronger and together

*Ireland Active Convention
& White Flag National
Standard Awards*

November 13th, 2015

Slieve Russell Hotel,
Golf & Country Club,
Co. Cavan.



Attendance will be awarded 4 CPD credits

Book now at www.eventmaster.ie



Convention 2015

Our main objective this year is to create networking opportunities for our supplier members and facility members.

We will be hosting consultation seminars and master classes for operational staff.

Cost to attend for the day:

- €75pp
includes buffet lunch & tea / coffee

Cost to attend for the day and Gala Dinner:

- €140 pp

Thursday 12th November 2015

FUN Golfing Event Information

Tee Time: 12noon -12.45pm

(Meet in Clubhouse from 11am)

Cost: €30 per person which is payable on the day

Competition: Stableford

Friday 13th November 2015

- | | |
|-------------------|---|
| 8.30am - 9.30am | Registration <i>(Tea/Coffee provided)</i> |
| 9.30am - 9.45am | Presidents Opening Address |
| 9.45am - 10.30am | 'New action on physical activity
'The Healthy Ireland context'
<i>Ronan Toomey – Department of Health</i> |
| 10.30am - 11.30am | Panel of Discussion on Industry Challenges in next 5 years
- Expert Panel |
| 11.30am – 11.45am | Tea/Coffee Break |
| 11.45am – 12.45pm | 1. Legend Customer Workshop
<i>Sean Maguire – Legend</i>
2. How to use exercise - 'Growing Membership & Profit'
<i>Matt Adley – Les Mills</i>
3. BRIO "Safe Pools - entrapments " |
| 12.45pm - 1.45pm | Lunch |
| 2.00pm – 3.00pm | 1. 'Key issues in selling Sports Supplements in your facility'
– Irish Sports Council Anti-Doping
<i>Rachel Maguire - Anti Doping Education & Research Executive</i>
2. Business Seminar using TRX to expand your business
<i>Darren Dillon</i>
3. Les Mills Master Class |
| 3.00pm – 4.00pm | 1. 'Industry Consultation on fitness Standards & Registration frame work'
<i>Mark Mc Manus – Register of REPs Ireland</i>
2. 'Resource Efficiency in Leisure Centres with Swimming Pools' will present up-to-date research findings
<i>Maurice Bergin - Green Hospitality Programme - Managing Director of GHP</i>
3. TriggerPoint Performance Therapy Foam Rolling with Master Trainer Susan McEntegart <i>(provided by FitDist)</i> |
| 4.00pm – 5.00pm | 1. 'Health & Safety in the Leisure Industry' & 'The implications of the Working time Act for our Industry'
<i>Tony Kerins – Peninsula</i>
2. The impact of Club Design
- fit interiors
3. TRX Suspension Training with Master Trainer
<i>Darren Dillion (provided by FitDist)</i> |

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#IrelandActive15 #WFAwards15

White Flag National Quality Standard

Gala Dinner

6.30pm Group Photographs

7.45pm Dinner

- White Flag Awards Presentation during Dinner
- Supplier of the Year
- Overall Leisure Centre of the Year
- Overall Hotel LeisureCentre of the Year

Cost to attend Gala Dinner only: €85 pp

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