



Fighting Heart Disease & Stroke



JOIN US

ON THE

CROAGH PATRICK HERITAGE TRAIL

FOR OUR FESTIVAL DAY

SATURDAY APRIL 22nd 2023

- **A 20k walk through beautiful Mayo countryside from historic Aghagower to the seaside village of Murrisk**
- **Groups and individual walkers welcome**
- **20 euro registration includes morning bus transport and lunch**

Email: info@cpht.ie

Phone: 094 9360891

For more information visit our website: cpht.ie

Find us on Facebook at facebook.com/CroaghPatrickHeritageTrail

No Dogs Please

Leave No Trace

Registration available at

www.croi.ie/croaghpatrick

All proceeds go to Croi

The Croagh Patrick Heritage Trail: An outdoor museum for lifelong learning

